

Instructions:

- ❖ Print this page
- ❖ Place print out on a hard surface
- ❖ Step down on the printout
- ❖ If your foot is approximately 3/16" smaller than the printout then this is the size you need, otherwise print out a more appropriate size and try again.



Foot and Ankle Center of the Carolinas, P.A.
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Size 12



||| = 3/16"