

Instructions:

- ❖ Print this page
- ❖ Place print out on a hard surface
- ❖ Step down on the printout
- ❖ If your foot is approximately 3/16" smaller than the printout then this is the size you need, otherwise print out a more appropriate size and try again.



Foot and Ankle Center of the Carolinas, P.A.
Dr. Jerry L. Gross

247 Shiloh Road
Forest City, NC 28043
704-284-4477

Size 8



||| = 3/16"